

Lesson

# 01 (Continuous) I am (not) + ing

- We use 'be + *ing* form of the verb' to talk about events which are in progress at the moment of speaking.

**Example**

What are you doing?  
**I am playing** with my dog, Sandy.  
**I am not jumping** with her.  
**I am spending** time in the garden.  
**I am not studying** science in the library.

**Q Which is right?**

1. (I / They) am not playing soccer right now.
2. I am (wash / washing) my hands in the bathroom.
3. I (be / am) drinking a cup of coffee.
4. I am not (working / work) for five hours.
5. (It / I) am sitting on the chair.
6. I am not (breaking / breaks) the window.
7. I am not (holding / hold) his hands.
8. Hey, listen! (He / I) am speaking to you.

**Q Change the word in bold to the right form/present continuous tense.**

1. I **be** writing a letter to him. → .....
2. I am **go** to Jessica's house. → .....
3. I am not **do** my homework. → .....
4. I **is** riding a bicycle to get there. → .....
5. I am **talk** to my friend. → .....
6. I am not **swim** in the pool. → .....
7. I am **study** in the library. → .....

**Exercise**

Choose three sentences from the answer and say it in 3 seconds to your teacher without your book.