

Upper Inter  
2100

# Reading & Listening

& Vocabulary

Chapter 1



**Pre-READING** : Listen to the story and repeat it.

My friend Darla has a fixed schedule and keeps to it every day.

Every morning, she gets up at five and then jogs for an hour.

Then she takes a shower. After that, she gets dressed.

It only takes her a few minutes to get dressed, because every night, Darla selects the clothes that she wants to wear the next day.

Next, Darla starts making breakfast.

She also prepares the food items needed every night.

She puts items required into a separate container for the next morning.

Darla told me that she really likes being in control of her own schedule.



# Vocabulary Upper Inter Level

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<b>fixed</b>	You can achieve anything with fixed determination.	고정된
<b>only</b>	He ate a whole box of pizza in only five minutes.	오직/겨우
<b>every</b>	My teacher gives me homework every day.	모든
<b>select</b>	It is difficult to select which college to attend.	선택하다
<b>want</b>	I want to take a nap right now.	원하다
<b>prepare</b>	We must prepare dinner for our guests.	준비하다
<b>required</b>	We are required to obey laws.	필수의
<b>separate</b>	The members decided to go separate ways.	분리된
<b>container</b>	Did you store the chicken in the container?	통
<b>control</b>	You get to control your own destiny.	제어하다

## Check Zone



fixed	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	select	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	required	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>
only	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	want	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	separate	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>
every	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	prepare	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	container	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>

**WORD GENIUS**

Match each word with the correct sentence.

1. want                                      We are \_\_\_\_\_ to obey laws.
2. required                                      Did you store the chicken in the \_\_\_\_\_?
3. control                                      I \_\_\_\_\_ to take a nap right now.
4. container                                      You get to \_\_\_\_\_ your own destiny.
5. fixed                                      You can achieve anything with \_\_\_\_\_ determination.

Choose the correct word for each sentence.

separate

only

every

prepare

select

6. It is difficult to \_\_\_\_\_ which college to attend.
7. We must \_\_\_\_\_ dinner for our guests.
8. My teacher gives me homework \_\_\_\_\_ day.
9. The members decided to go \_\_\_\_\_ ways.
10. He ate a whole box of pizza in \_\_\_\_\_ five minutes.



# Reading Comprehension

keeps to



because



that



Listen carefully to the story.  
Click the speakers to learn phrases.

My friend Darla has a fixed schedule and **keeps to** it every day. Every morning, she gets up at five and then jogs for an hour. Then she takes a shower.

After that, she gets dressed. It only takes her a few minutes to get dressed, **because** every night, Darla selects the clothes **that** she wants to wear the next day.



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Next, Darla **starts making** breakfast. She also prepares the food items needed every night.

She puts the items required into a separate container **for** the next morning. Darla told me that she really likes **being** in control of her own schedule.



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starts making



for



being



# Reading Comprehension

## SUM UP!

 Fill in each blank to complete the sentence.

My friend Darla has a fixed schedule and 1. \_\_\_\_\_ it every day. Every morning, she gets up at five and then jogs for an hour. Then, she gets dressed quickly 2. \_\_\_\_\_, every night, she selects the clothes 3. \_\_\_\_\_ she wants to wear the next day. Next, Darla 4. \_\_\_\_\_ breakfast. Darla told me that she really likes being in control of her own schedule.

starts making

keeps to

that

because

 Choose the best answer from the story.

5. What does Darla follow every day?

- ① Orders                      ② a Fixed Schedule      ③ Her mom                      ④ Advice

6. What time does Darla wake up every morning?

- ① 5 a.m.                      ② 6 a.m.                      ③ 7 a.m.                      ④ 5 p.m.

7. When does Darla make her breakfast?

- ① Before jogging                      ② 5 a.m.  
③ After get dressed                      ④ It depends

8. How does Darla feel about her routine?

- ① Dissatisfied                      ② Ambivalent  
③ Good                      ④ Apologetic

# Listening Comprehension

 Listen and match the pictures.

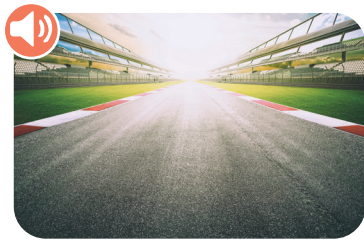
## Grammar Point


bed

right


my room

the rules




 1. When you drive, you must keep to the \_\_\_\_\_.




 2. You must keep to \_\_\_\_\_ in class.



 3. You must keep to your \_\_\_\_\_.



 4. I would like to keep \_\_\_\_\_ clean.

 Review points from the story.

that

keeps to


starts making

for

 5. My friend Darla has a fixed schedule and ( ) it every day.

 6. Next, Darla ( ) breakfast.

 7. Darla selects the clothes ( ) she wants to wear the next day.

 8. She puts the items required into a separate container ( ) the next morning.

# Practice for Writing & Speaking

 Choose the right word.

## Writing Points

ex) Thomas needs to stop **being** so rude to his mom.

ex) I want to **be** a successful consultant.


1. Stop (be / being) so offensive!
2. Sue likes (be / being) alone.
3. William wants to (be / being) happy.
4. Were you (be / being) offended when Peter was giving his speech earlier?
5. I want to (be / being) very rich when I grow up.
6. She likes (be / being) in control of her schedule.
7. She likes to (be / being) in control of her schedule.
8. Why don't you (be / being) a little braver about the issue?
9. Why aren't you (be / being) a little braver about the issue?
10. Jacob loves (be / being) the captain of his soccer team.

## Today's Review!



 fixed


P F

 only

P F

 every


P F

 select

P F

 want


P F

 prepare


P F

 separate

P F

 container

P F

 control

P F